BONAVENTURE AND HIS LESSONS ON ST. FRANCIS:

Chapter V—The Austerity of Francis' Life
and the comfort Which Creatures Gave Him

2. Someone asked him once how he could protect himself from the piercing cold of winter with such poor clothing and he replied with a fervent spirit, "If we are on fire with longing for our heavenly home in our hearts, we will have no difficulty in enduring this exterior cold." He had a horror of expensive clothes and used to be delighted with coarse garments, adding that John the Baptist was praised by our Lord for being roughly clad. If the habit he was given felt too soft, he used to sew pieces of cord on the inside because, as he used to say, it is in the palaces of the rich that we must look for men who go clad in soft garments, not in the hovels of the poor. He knew from his own experience that the devils were afraid when they saw a person wearing rough clothes, whereas soft or luxurious garments gave them courage to attack more fiercely.

One night he used a pillow of feathers, contrary to his custom, because he had a headache and was suffering from pain in his eyes; but a devil got into it and gave him no rest until morning. He prevented him from devoting himself to prayer, until finally he called his companion and told him to take the pillow out of his cell. The moment he left the cell with the pillow, the friar lost the use of his limbs. Then Francis, who knew in spirit what was happening, called out to him and immediately all his strength of soul and body was completely restored to him.

Bonaventure—Major Life of St. Francis (1263)

VISITOR'S MESSAGE
Homily by Fr. Robert Altier...
Save us, Lord, for we are perishing!

In the Gospel reading today, the disciples cry out to the Lord, "Save us! We are perishing!" Certainly the same cry can be placed on the lips of each and every person in this society today. We are perishing by our own choices. We have decided to uphold everything which is immoral, and we are going against everything which is right. Consequently, things are spiraling downwards very quickly and they are out of control. One wonders why God would allow such a thing to happen. Why doesn’t He intervene? Why doesn’t He do something? Part of the reason for that is in God’s mercy what He has allowed is that evil will run its course. The reason for that is so that anyone who wants to do what is good and right will be able to see very, very clearly the distinction between what is good and what is evil.

All of us – no matter how good we are trying to be – have been affected by the evil that is around us. As much as we want to do what is right, I think if we took a true inventory of our lives, all of us would have to admit that we have been tainted by the society around us. None of us is free of the evil that is there and so all of us have to deal with that. What happens is that we tend to compromise with the evil around us, and what will happen in God’s providence is that when He intervenes it will be very clear to us what is good and what is truly evil. At that point, if we have chosen to
live a good life, we will live a truly good life. There will be no more compromise with evil. There will be no more trying to see if we can get away with a little here or a little there because at that point it will be made so crystal clear to us because we will be able to see that even the things that by comparison were not nearly quite so evil are still wrong. We are not going to be able to make excuses for ourselves by looking at other people and saying, “Well, at least what I’m doing isn’t so bad compared to these people.” It is not a question of comparing ourselves to other people; our comparison has to be with Jesus Christ.

When you look, for instance, at the first reading when God chose to destroy Sodom and Gomorrah, there were four people in the town that He found were righteous - a total of four. It does not mean they were without sin; it just means they had not given in to that particular sin. And so God in His mercy spared those four people. But even there you can see where the compromise is. Here they were living in the midst of the most despicable sin and Lot did not want to leave. He wanted to stay there even though what was going on around him was so contrary to nature that even the demons cannot look at it. But he did not want to leave. For us, we realize that what has happened and what is happening in our society is so far out of control. Yet even though we recognize it, most of us probably (because we have gotten so accustomed to it) cannot imagine what it would be like and we would not even want to leave, which is really tragic.

And so God is going to have to do this Himself. Thankfully, as I have mentioned to you many times, He has turned this over to His mother. And so just as at the time of Sodom there were the angels that went down and got Lot out before they destroyed the city, now Our Lady is going to do even better than that because she is a mom – and a mother is going to look out for her children. So what we need to be doing now is making sure that we are being true children of Our Lady so that we are being conformed to her Son, because when the time comes when the cup of evil will be full, God is going to intervene through the working of His mother. As long as we are with Our Lady, her children will be protected. But I would not want to be on the other side of the wrath of a mother. It will not be a happy day for those who have chosen evil over good.

We need to continue to strive to live our lives in accordance with Christ, in accordance with the teaching of His Church, to make sure we are growing spiritually, that we have our prayer time set aside, that we are seeking to live a moral life, and that we are also looking at our lives, taking that inventory and making sure that in the areas where we see that we are compromising with the world - where we are giving into evil under the statement that it is not as bad as other people - we need to stop that as well. We need to do what is right, not comparing ourselves to everyone else, but looking at Jesus Christ and crying out to Him alone, “Save us, Lord, for we are perishing!”

* This text was transcribed from the audio recording of a homily by Father Robert Altier with minimal editing.

**ADMINISTRATOR’S MESSAGE...**

**The Way, the Truth and the Life**

St. Thomas of Aquinas writes eloquently of Jesus as the way, the truth, and the life. He says: "If you are looking for the way by which you should go, take Christ, because he is himself the way...If you are looking for a goal, hold fast to Christ, because he himself is the truth, where we desire to be...If you are looking for a resting place, hold fast to Christ, because he himself is the life.” Office of Readings: Saturday; Ninth week in Ordinary Time.

The thought is the father of the act. A well known principle of self development. So, where our thoughts take us we will go whether we choose to or not. It is a given. So, we need to focus our thoughts on Jesus. How does He want us to live? How do we make decisions that affect our lives. What is important to us?

The life of Jesus is the way we want to live; He is Himself, as God, the truth we seek, and He is the life that we want for ourselves and others. Put simply, this means that the gospel is our primary rule of life because we need to live this gospel to say we belong to Jesus.

St. Francis once told his friars that. The gospel is all they needed to study and bring with them as their primary rule. Still he gave them a rule to live beyond that, to define how they would live the gospel, just as he did with the laity in giving us *Memoriale propositi*, the rule of 1221.

Although we study and profess to live the Rule of 1221 that rule is itself showing us how to live the gospel. Jesus said: “Whoever wishes to come after me must deny himself, take up his cross, and follow me.” (Mt 16:24) The rule of 1221, the rule of the BSP, tells us how to do that, and in that we are unique as an Association. Our rule is a most special blessing, given to us to lead us to heaven. Obviously, since St. Francis spoke with Our Lord face to face our rule comes to us from Jesus.
through St. Francis. This rule is the way that Jesus wants us to live, if we are strong enough and brave enough to say we want it for ourselves.

This rule affects how we make decisions. Certainly once you profess and more and more as you go deeper into formation, you factor into your decisions the rule. The rule becomes more and more how you live. You factually BECOME the rule. If I do this or that is it consistent with my rule of life, or the gospel, which it supports? It becomes commonplace to do that and it is holy and good to do that.

And, as we grow into it, this rule we live defines and becomes what is important to us. Prayer, love, sacrifice, and work are defined in the rule for us and in living it we live the gospel more perfectly. As we ponder and apply the rule it brings us, each day, to step back and see what we are doing. To humbly ponder our decisions, and examine the gospel provisions as they relate to our own individual lives, which are unique to each of us and all of us in our own lives.

So, let’s rejoice that we have a rule of life to live given to us in the name of the Lord by a great Saint. In living it may we feel more and more like we are making progress in this life towards becoming better servants of the Lord, faithful to Him in all regards, and candidates for his great gift of life on high in His presence in heaven. May Jesus be our goal and our resting place, now and forever!

Blessed be the Lord!

Bruce and Shelley Fahey BSP Administrators - Morning Star Chapter – Minnesota

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**NO GREATER LOVE by Paul Beery BSP**

“Give us aid against the foe, for worthless is the help of men. Under God we shall do valiantly; it is he who will trample down our enemies.” (Ps 108:12)

"Letter to the Rulers of the People,” by St. Francis of Assisi:

“To all Magistrates and consuls, to all judges and governors all over the world and to everyone else who receives this letter, Brother Francis, your poor worthless servant in the Lord God, sends greetings and peace.

"Consider and realize that the day of death is approaching. I therefore beg of you with all the respect I am capable of that you do not forget God or swerve from His Commandments because of the cares and anxieties of this world which you have to shoulder. For all who forget Him and turn away from His Commandments (Ps. 118:21) shall be forgotten by Him. When the day of death comes, all that they thought their own will be taken away from them. The more wisdom and power they enjoyed in this life, the greater the torments they will have to endure in hell.

"And so, my lords, this is my advice. Put away all worry and anxiety and receive the holy Body and Blood of our Lord Jesus Christ fervently in memory of Him. See to it that God is held in great reverence among your subjects; every evening, at a signal given by a herald or in some other way, praise and thanks should be given to the Lord God Almighty by all the people. If you refuse to see to this, you can be sure that you will be held to account for it at the day of judgment before Jesus Christ, your Lord and God.

"Those who keep a copy of this letter and put its prescriptions into practice can rest assured that they have God’s blessing.”

The admonition of our holy father Francis holds true to this day. God our Creator wishes to be honored publicly by His creatures. To see that God was held in great reverence, Church bells used to peal in the evening for the Angelus, a prayer to commemorate the coming of Jesus at the Incarnation. Now a noise ordinance could be used to silence them, or an ACLU lawsuit demanding separation of Church and State. So it is that in America, the land of the free, a great effort is being made to remove every vestige of the Almighty (10 Commandments) and Christmas from the public square by removing any Christmas crèche or similar religious displays from public property. In the government-run school where Donna worked, even evergreen trees were seen as symbols of Christmas! Talk about paranoid!

Many say Francis, like Jesus, was not “political.” We should stay out of the dirty business of politics. And leave the field to those who play dirty? Leave the field to those who promote the Culture of Death manifestly contrary to the Command and will of God? I don’t think so. Francis, in his admonition above, has outlined the reason we need to be vigilant in the public square, for we will be held to account at the day of judgment for failing to remind those who govern us of their obligation to give honor and glory to God. “God is to be held in great reverence among your subjects.” That is our blessed duty.

With Independence Day upon us, many Americans are shaken at the recent capitulation of the U.S. Supreme Court to a certain lawlessness that has reared its ugly head to such a degree we wonder if there is any longer a means to prevent the disintegration of this nation. Truly, it seems that “worthless is the help of man.” I know it
can be tiring to hear the same tune played here, but when danger threatens one’s personal safety or the common good, one reacts wholeheartedly to that threat. To fail to do so is an abandonment of one’s duty to God and man. In God’s plan men are to be the defenders of family, Church and society. We men have dropped the ball in many ways by failing to recognize the danger in time. God has put before us the Cristero war, Mexico’s struggle for religious freedom in the late twenties, just coming to the light of day ninety years later. They lost the war because they waited too long to fight Communist “judges and governors.” A small group of God-less men subjected an overwhelmingly Catholic nation to a reign of terror that lasted many years. Their party was finally thrown out of office after seventy years.

Thank God our bishops have recognized our danger very early on, and are leading the fight against the first incursions against religious freedom embedded in the HHS Mandate. That fight is still necessary because the Supreme Court ruled it constitutional in a wildly controversial decision making a mockery of the Rule of Law. It seems to many of us that all three branches of government have now capitulated and sold their birthright for a mess of pottage. The system of checks and balances has ceased working.

“When in the Course of human events, it becomes necessary for one People to dissolve the Political Bands which have connected them with another, and to assume among the Powers of the Earth, the separate and equal Station to which the Laws of Nature and of Nature’s God entitle them, a decent Respect to the Opinions of Mankind requires that they should declare the causes which impel them to the Separation.

“We hold these Truths to be self-evident, that All Men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among them are Life, Liberty, and the Pursuit of Happiness—That to secure these Rights, Governments are instituted among Men, deriving their just Powers from the Consent of the Governed, that whenever any Form of Government becomes destructive of these Ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its Foundation on such Principles...” —Declaration of Independence

In some ways the ruling is a gift from heaven. It will motivate many to return to the founding principles of the nation, for “whenever any Form of Government becomes destructive of these Ends, it is the Right of the People to alter or to abolish it.” Many feel this fall’s election will be our last chance to begin to alter the course of the ship of state. Even if it’s a good outcome, there is such a massive reform effort needed it boggles the mind. It’s taken over two hundred years to reach this point of disintegration of moral, spiritual and ethical integrity by “forgetting God and swerving from His Commandments.”

The recovery of God’s standards in our lifetime seems an almost hopeless task, and His enemies never sleep. But many good citizens have awakened to the danger, and are ready to commit themselves to a long drawn out battle.

“The Consent of the Governed” is problematic because many of the governed are not getting accurate and truthful information. The so-called mainstream media’s goal is to cause confusion and ignorance about God and His Commandments, as they spin their narrative of life devoid of all mention of God, and dedicated wholly to the world, the flesh and the devil. Is it any wonder that people don’t choose Godly representatives when they are the ones continually attacked and maligned for their faith and values? Anyone who honors God and His Commandments is called “an extremist.” Excuse me. Allowing mothers to lawfully kill their children, is that extreme? Is re-defining marriage to same-sex partners extreme? It’s the first time in history that such a bizarre notion has taken hold, and we who defend Life and traditional marriage are called extremists? The con artists of change are expert at their craft.

If the infringement on personal and religious liberty through the utter lawlessness that brought it about doesn’t wake people up then nothing will. Sometimes one has to hit bottom. Those in the “mushy middle” need to choose sides quickly: the Gospel of Life or the Culture of Death. There is no other option!

“O God our Creator, from your provident hand we have received our right to life, liberty and the pursuit of happiness. You have called us as your people, and given us the right and duty to worship you, the only true God, and your Son, Jesus Christ. Through the power and working of your Holy Spirit, you call us to live out our faith in the midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.

“We ask you to bless us in our vigilance for the gift of religious liberty. Give us the strength of mind and heart to readily defend our freedoms when they are threatened; give us courage in making our voices heard on behalf of the rights of your Church and the freedom of conscience of all people of faith.

“Grant, we pray, O heavenly Father, a clear and united voice to all your sons and daughters gathered in your Church in this decisive hour in the history of our nation, so that, with every trial withstood and every danger overcome—for the sake of our children, our grandchildren, and all who come after us—this great land will always be ‘one nation, under God, indivisible, with liberty and justice for all.’ We ask this through Christ our Lord.” —Prayer for Religious Liberty, Catholic Defense League.

Paul Beery BSP - Morning Star Chapter – Minnesota
Significant times...
A MEDITATION by Janet Klasson BSP

From the Gospel, Thirteenth Sunday in Ordinary Time

(The woman with the hemorrhage) came up behind (Jesus) in the crowd and touched his cloak, for she had said “If I but touch his clothes, I will be made well.” Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. (Mark 5:28)

Were you watching TV on June 1, the night Nik Wallenda walked across Niagara Falls on a tightrope? It didn't watch it live myself, but I did watch the video on the internet a day or so later. It was a spectacular stunt. Nik Wallenda walked that rope at night, in the mist and fog with nothing but the dizzying thunder of water below him. Crazy!

I must say that what surprised me most was that the whole way across, with almost every step, Wallenda thanked Jesus and praised God. The video showed him in a prayer huddle before his walk and, as he had a microphone on while on the wire, you can hear him praying frequently all the way across.

I had never considered the possibility that a daredevil might be a committed Christian. But as I pondered that, I began to see a living parable. On the face of it, it seemed Mr. Wallenda was taking unnecessary risks with the precious gift of life. However, the more I pondered it, the more I began to see that God gives an endless variety of gifts, and that every single one of them may be used to glorify him. Think of the powerful witness Wallenda gave to millions of people simply by using his gifts, trusting and praising God.

The woman with the hemorrhage in the Gospel passage passed the test of trust and was healed. The theme of trust is one that continually comes up in my life, probably because I am a slow learner! As I pondered the high-wire event, it occurred to me that our faith life is a lot like a walk across the falls on a tightrope. What better metaphor for the "narrow way" than a tightrope? Think of the spiritual hazards we all face daily, and how easy it would be to slip off the path, but for the grace of God. Think of how the fog often obscures our vision and we have to just take the next step and the next in blind faith. Think of how, if we fall, the consequences may be dire.

We too have to pray constantly, and praise Jesus in all circumstances. It is not enough to thank him only when we have arrived at the end, but we need to thank and praise him every step of the way. He deserves no less.

One of the other things you hear while Wallenda is on his walk is his coach speaking to him as he walks, giving him counsel, such as to vary his gait so as not to cause the rope to bounce. The coach was Wallenda's own father, himself a retired tightrope walker. So too do we have a Coach, our Father in heaven, who has all sorts of really good advice for us—if we'll only listen and learn. He has been where we are; he is "like us in all things but sin."

The times we are in are like the dizzying thunder of the falls. There is danger all around us, not least of which is our own concupiscence. We cannot lose our concentration for a second. We cannot doubt the Word of our Father who whispers in our ear, "Stay the course. Keep the faith. Trust in me. I am near and I love you." Let us cling to the Rule which is the balancing pole we need to stay the course.

One other thing to note about Niagara Falls is the perpetual rainbow. Even at night because of the floodlights it can be seen, a sure sign of God's unfading love for his people.

Jesus we trust in you. In your goodness and mercy, help us to stay the course on the narrow way. Be with us in every step we take. Thank you Jesus. Praise you Jesus. You are Almighty God! Amen.

From www.pelianito.stblogs.com

Revelation 9:18 By these three plagues of fire, smoke, and sulfur that came out of their mouths a third of the human race was killed.

"My child, does this verse frighten you?"

Lord it is hard to bear, especially if these events are near.

"Do not rely on your own strength but strengthen yourself by increasing your trust and hope in me. All who rely on their own strength will suffer, but those who rely on me implicitly will feel the dew-laden breeze of the Spirit enfolding them. My children, remain close to me as I remain close to you. Enclose yourselves in my heart and bring with you all those I have given you to pray for. I have not left you orphaned. Cry out, "Abba!" and I will be there before the sound has faded."
Abba! We place all our trust in you. You are our sure hope and we enclose ourselves in the safe refuge of your heart through Jesus Christ our Savior and Brother. In the Divine Will we enclose also all those you have given us to pray for. Beloved Abba, for the sake of your Beloved Son, have mercy on us and on the whole world. Amen.

Janet Klasson BSP, Divine Mercy Chapter

“And, therefore, my own good daughter, do not let your mind be troubled over anything that shall happen to me in this world. Nothing can come but what God wills. And I am very sure that whatever that be, however bad it may seem, it shall indeed be the best.”

—St. Thomas More

FROM THE ‘SPARROW’
The spirit of Elijah and Elisha...

What little sparrow having read about Elijah and Elisha in the books of Kings does not admire them? What is not to like? The author of Sirach holds the same opinion by praising these two great prophets, mostly for the great power of miracles that God granted them. They were lauded for the judgment they gave against kings and people alike. Sirach clearly sees the importance of these prophets because the power of God they displayed was able to change the hearts and minds of people. When all had forgotten or abandoned their faith, these valiant servants of the Lord stood unflinching before threats and dangers to defend the one true God.

What of us the little ones? Do we ever speak up strongly for what we believe against the belittling of religion and faith that is so common today? A little sparrow voice coupled to the power of the Holy Spirit is just as powerful in the Name of Jesus as the words that were spoken for God by Elijah and Elisha! We just need to speak them in faith. (If you had the faith of a mustard seed...)

Lord God, Father, Son, and Holy Spirit give us the strength of our convictions to stand up for what we believe and to express our joy in our faith. So that through our witness others may discover You, Lord God, who gives us our purpose and peace.

Pax vobis.

Bob Hall BSP, Little Flower Chapter

May the force be with you!
The peace of Jesus to each of you!

Have you ever wanted to know what the Lord’s will for your life was? Then there's a question you need to ask yourself. What force (or fire) drives (or ignites) your heart? Look within yourself in quiet moments of introspection...could it be abandoned children...the homeless...the sick or the old who have no one to care for them?

Listen to that force speaking to you! Do you have a passion to do any of those things? Well then...do them! Whatever it is that you have to give...then give it!

Do you have the ability to heal...then heal them!

Do you have the ability to teach...then teach them!

Do you have the ability to feed...then feed them!

whatever you find within yourself to give to others is what the Lord has placed within you as a gift of Himself for you to give to others...it is not yours to keep...it is a gift for you to give...and it only reaches its full potential of love when you do that...so give the gift that was given, so you can feel the fire of His Heart within your own...there is no other way for you to free the force of the heart.

May the force be with you!

Bob Hall BSP, Little Flower Chapter
MEDITATION ON THE PASSION
by Dawn Usak, BSP

Eleventh Station: Jesus Is Nailed to the Cross

We adore you O Christ and we praise you.
Because by Your Holy Cross, You have redeemed the world.

My sweet Lord, I don't know what to say, I only cringe with each blow that the hammer throws as it nails Your Innocent Body to the Cross. My sins have put You there but it is Your Love for me that keeps You there. My dear Jesus, how I love You. I owe You my life and my devotion. God forgive me for now I know what I have done.

(Stations of the Cross. Painted by Sister Mary Leo Hargarten, SSND (1900-1959). Born in Milwaukee, Sr. Mary Leo studied art in Munich, Germany (1930-1934) and later headed the art department at Mount Mary College in Wisconsin. Suffering poor health, witnessing her mother's chronic illness and saddened by the premature deaths of siblings, Sister found her comfort in the Passion of Jesus. This set of Stations, painted in 1953, was first erected in the old St. Francis Hospital in Shakopee, Minn. When the Sisters of St. Francis made major modifications to the Chapel they gave the set to Fr. Robert Bayer, who mounted them at the Franciscan Retreat Centre, Prior Lake MN.)

MORNING STAR: NEWS ON THE ASSOCIATION...

ESCONDIDO PROFESSIONS...

On August 11th of this year five members of the Escondido Chapter of the BSP will make their final professions as they will have completed four years of formation. Please pray for these individuals. Hopefully we will have some photos and further news on the event in a future issue.

Escondido is our largest Chapter. It was started by a religious educator there four years ago and now has 21 members. These are their first professions which will be made to their spiritual director following the vigil Mass on the 11th before their whole parish. This is very exciting news for the BSP. Thanks be to God!

PRAYERS FOR THE BSP FAMILY...

Please continue your prayers for Anna Feroni, for the family Linda Curtis, and for all Brothers and Sisters who are struggling at this time. The Rule requires us to pray for one another every day. May that thought give us all hope.

HANDBOOK OF THE ASSOCIATION...

The BSP Handbook, titled Stella Matutina: Handbook of The Brothers and Sisters of Penance of St. Francis is now available for order. We have used a print-on-demand service at Lulu.com to print the book. This means we do not have to keep a stockpile of books, but customers order directly from Lulu, which prints them as they are ordered and ships them directly to the customer. This simplifies the ordering process for the administrators.

There is a link to the ordering page on our BSP Hompage. You will need a credit card or a Paypal account to order. Cost is $10.00 plus shipping.

Bruce and Paul also have copies available.

May the Rule of 1221 lead many souls on the path to holiness.

Bruce and Shelley Fahey, Administrators
Imitating Our Lord in Redemptive Suffering  
**July 27-29, 2012**

Franciscan Retreat Center  
16385 Saint Francis Lane  
Prior Lake, MN  55372

Father Randal Kasel – Retreat Master

Fr. Kasel serves as Pastor of the Churches of St. Paul in Zumbrota and St. Michael in Pine Island. He is also the Archdiocesan Director of the Legion of Mary. Father will speak on following our Lord Jesus in living joyfully the call to suffering in union with Him, with emphasis on the practice of St. Francis of Assisi, and other Franciscan Saints.

Cost: $160.00  
To reserve a place send $25 to:  
BSP Retreat, c/o Paul Beery BSP, 2108 Pleasant Ave, #114, Minneapolis, MN 55404  
For further information call: 612-871-2852 (Home); 612-730-4500 (Cell)

### Retreat Schedule

#### Friday, July 27, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>4:00 PM</td>
<td>Regular Retreat Arrivals begin – BSP Greeting Committee at the door</td>
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<tr>
<td>5:30 PM</td>
<td>Dinner followed by introductions, instructions, and sharing – Bruce Fahey, Fr. Kasel, and someone from the Retreat center. (Cafeteria)</td>
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<tr>
<td>6:45 PM</td>
<td>Evening Prayers: Divine Office (C) (Optional)</td>
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</table>
| 7:00 PM | Mass with Father Kasel and First Talk (C)  
            Eucharistic Adoration after Mass, Chaplet of Divine Mercy (C) |
| 9:20 PM | Night Prayer: Divine Office, Benediction (C)                             |
| 10:00 PM | Retire                                                                  |

#### Saturday, July 28, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 AM</td>
<td>Bell rings</td>
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<tr>
<td>7:15 AM</td>
<td>Mass and homily celebrated by Father Kasel (C) Office of Readings and Morning Prayers: Divine Office (C) OPTIONAL</td>
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<tr>
<td>8:30 AM</td>
<td>Breakfast</td>
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<tr>
<td>9:30 AM</td>
<td>Second Talk – Father Kasel (C)</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Confessions and spiritual direction with Father Kasel</td>
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<tr>
<td>11:30 AM</td>
<td>The Three Little Hours of the Divine Office (C) OPTIONAL</td>
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<tr>
<td>12:30 PM</td>
<td>Lunch ...Group picture outside unless raining...</td>
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<tr>
<td>2:30 PM</td>
<td>Third Talk – Father Kasel (C) Confessions and Spiritual Direction continue</td>
</tr>
<tr>
<td>4:00 PM</td>
<td>Adoration, Chaplet of Divine Mercy, Benediction</td>
</tr>
</tbody>
</table>
5:30 PM | Dinner  
6:45 PM | Evening Prayer: Divine Office (C) Optional  
7:00 PM | Fourth Talk – Father Kasel (C)  
8:00 PM | Night Prayer: Divine Office – (C) OPTIONAL  
10:00 PM | Retire  

**Sunday July29, 2012 – Final day**  
7:00 AM | Bell Rings  
7:30 AM | Office of Readings & Morning Prayer: Divine Office (C) OPTIONAL  
8:30 AM | Breakfast  
10:00 AM | Sunday Mass and homily by Bishop Lee Piché of the Archdiocese of St. Paul and Minneapolis  
11:30 AM | Final Talk - Deacon Jim Thornton (MCR)  
12:30 PM | Lunch and departures thereafter  
1:30 PM | BSP Meeting for all BSP members and others who are interested – Bruce and Shelley Fahey BSP (MCR)  

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**FOOTNOTE TO ALL RETREATANTS**  
This is a silent retreat except for the Marian conference room and at meals. We should all make a sincere effort to observe general silence, especially in the chapel. Questions during the retreat can be directed to Paul Beery, Rebecca Maness or Dorothy Winczewski. Paul can be reached at 612-871-2852 if you have other questions or concerns.  

*(A printable retreat poster and schedule are available on the home page of the BSP website.)*

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**The BROTHERS AND SISTERS OF PENANCE OF ST. FRANCIS**  
A.k.a. BSP, is a non-profit Private Association of the Faithful, which is dedicated to renewing the ancient way of penance as contained in the First Rule of the Third Order of St. Francis of 1221 for lay people in our modern world. We have the blessing of the Catholic Church to do this through several of its Archbishops, Bishops, and priests. If you are bound by another Rule of life in another profession of the way of St. Francis that does not permit you to enter other religious families you are nonetheless invited to add the elements of this beautiful way of life that Saint Francis of Assisi gave us to the lifestyle of your profession.  

All members, and Franciscans, are welcome to submit articles for consideration for inclusion in this newsletter if they are directed towards the spiritual formation of members or are the outgrowth of the lifestyle of the Association. Just send them to the BSP at minnc@aol.com. Feel free to share this newsletter with your friends or neighbors. It is intended to be the primary monthly communication of the Association, and ongoing formation for all members and friends. And if you can find it in your heart and in your budget remember that donations to the BSP are used strictly to promote the lifestyle and are tax deductible.  

We remain, always, sincerely yours in the love of Jesus Christ!

*Bruce and Shelley Fahey BSP, Editors*

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**Welcome to the Brothers and Sisters of Penance!**

*In the world, but not of it, for Christ!*

*Website: www.bspenance.org*
The BROTHERS AND SISTERS OF PENANCE

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